

Proofs of Capacity building and skills enhancement initiatives taken by the institution

Workshop on Tally ERP9

24th April 2023

6 Days Workshop on Tally ERP-9

A workshop on Tally ERP-9 was organised by department of commerce, Govt. P.G. College Sector-1, PKL from 24th April 2023 to 29th April 2023 in association with Unique Education Society New Chaudhary Complex Sector-12 A, Ranchkula. This workshop was for B.Com 2nd year students. The workshop started with covering the basic concepts and then followed by practical aspects i.e. how to create company, edit company name, Budget making, Journal Entries, inventory system in Tally ERP-9 etc. Around 150 students participated in this workshop.

Venue: Lab-3 GT Block

Time: 12:00 pm to 2:15 pm.

Co-ordinators

Mr. Gaurav

Ms. Aditi Mongra

Ms. Rekha

HOD

Commerce
Department

Principal

Principal
Govt. P.G. College
Sector-1, PKL


Organising Committee

All commerce faculty members

NOTICE

Dated: 21.04.23

All the students of B.COM II are informed that Department of Commerce is organising a Tally Workshop for Computerised Accounting System Paper. starting from Monday i.e. 24th April, 2023 till 29th April, 2023 (Timings: 12 pm - 2.15 pm). It is compulsory for all the students to attend this workshop as this will help in the final practical.


KRISHNA UPPAL
(HOD COMMERCE)


PRINCIPAL

CAS Workshop

<u>24/04/2023</u>	<u>25/04</u>	<u>26/04</u>	<u>27/04</u>	<u>28/04</u>	<u>29/04</u>
204	75	174	12	12	120
15	195	60	60	60	75
21	69	21	120	120	39
78	150	204	63	174	87
54	24	66	75	75	66
99	105	87	69	168	123
123	12	180	195	72	186
96	9	126	93	123	48
213	108	39	123	93	12
186	72	123	123	18	15
48	63	12	168	165	21
81	60	105	117	186	78
168	21	96	21	168	213
180	81	213	81	81	168
66	172	195	48	15	72
117	138	69	186	21	99
126	99	9	96	39	117
87	48	48	126	87	204
39	93	108	180	66	180
93	120	68	174	126	126
63	123	81	87	180	195
60	186			9	
75	174			117	
120	117			48	
12	168			99	
174	204			96	
24	66			204	
	87				
	180				
	126				
	39				
	78				

[Signature]

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C. Adu-Mong

Attendance (Blom II A)

Tally workshop

24/4/2023

3007, 10, 22, 31, 34, 37, 49, 46, 49, 52, 58, 67, 70, 76
79, 82, 88, 91, 112, 118, 124, 130, 137, 136, 139, 142, 148
157, 160, 190, 199, 202, 205.

25/4/2023

3007, 10, 22, 31, 34, 37, 40, 46, 49, 52, 58, 70, 76,
82, 88, 112, 124, 94, 133, 136, 139, 142, 148
160, 190, 199, 202, 205

26/4/2023

3010, 22, 34, 40, 46, 49, 52, 67, 70, 76, 79, 82, 88, 91, 112,
118, 124, 130, 137, 139, 142, 148, 157, 160, 190, 199,
202, 205

27/4/23

3007, 10, 22, 31, 34, 37, 40, 46, 49, 52, 58, 67, 70, 76,
79, 82, 88, 91, 112, 118, 124, 133, 136, 139, 142,
148, 157, 160, 190, 205

Yashpal

28/4/2023

3007, 10, 22, 31, 34, 37, 46, 49, 55, 58, 67, 79, 76, 79,
88, 91, 112, 118, 124, 130, 133, 139, 148, 157, 169, 190
199, 202, 205

29/4/2023

3007, 10, 22, 31, 34, 37, 40, 46, 49, 52, 58, 67, 70, 76,
79, 82, 88, 91, 112, 118, 124, 130, 133, 136, 139, 142,
148, 157, 160, 190, 199, 202, 205.

24/4/23 Attendance (6 days Workshop on Tally ERP.9)

24/4/2023	25/4/23	26/4/23	27/4/23	28/4/23	29/4/23
212	026	002	215	041	065
065	122	008	212	161	122
101	071	014	167	182	008
086	215	017	176	140	212
083	119	020	179	143	161
188	113	023	182	206	101
149	092	026	185	203	071
053	059	029	188	122	014
071	020	032	191	032	167
215	191	038	197	197	182
059	125	041	320	209	083
119	047	047	203	089	119
080	068	050	206	182	020
089	161	053	209	092	176
098	032	056	164	080	140
113	176	059	161	098	053
092	182	062	083	083	059
059	203	065	086	101	029
020	206	068	089	086	185
191	197	080	092	176	203
125	046	089	095	179	071
047	143	164	098	050	020
068	139	161	101	071	032
161	197	143	104	119	188
182	038	137	107	053	122
176	200	119	113	188	059
032	008	104	119	104	125
203	029	101	122	167	041
206	101	098	125	068	143
197	209	092	137	215	139
046	025	060	140	122	025
140	071	167	149	065	209
143	063			212	200
139	088				197
197	089				
038	092				
200	095				
008	098				
029	101				
101	104				
209					
025					

Perera

Creating an effective elevator pitch during interview introduction

SEMINAR – NOTICE

**'CREATE AN EFFECTIVE ELEVATOR PITCH DURING INTERVIEW
INTRODUCTION'**

KINDLY NOTE THE SCHEDULE:

Date: 6th October 2022 (Thursday)

Time: 12:45 to 1:30 p.m.

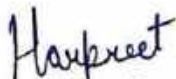
Venue: English Language Lab

Dated – 04/10/2022

All the students are hereby informed that a seminar on 'Creating an Effective Elevator Pitch during Interview Introduction' is being organized in the English Language Lab. In association with the Start-up Incubator Centre of Excellence, Government PG College, Sector 1, Panchkula for the students to develop their skills of introducing themselves to someone with Mrs. Tanushree Chandra, Centre Head, Start-up Incubator Centre of Excellence, as the Guest Speaker.

It will be an interactive session including Role Play, Quiz, Group Discussion, and many more fun engaging activities. The main takeaways from this session will be organized thoughts, quickness in adaptability, mastery in making first impressions, and transformation into a forward thinker.

The interested students from various streams who are free in the 6th period must reach and be seated in the Language Lab. positively by 12:50 pm to attend this session. The seating capacity in the lab. is for 50 students. Entry to the Lab would be closed on reaching its full capacity after 12:50 p.m.



Harpreet Kaur Baweja

Convener

(Associate Professor in English)



Mrs. Babita Verma

Principal

(Govt. P.G. College, Sec.1, Panchkula)

A talk on
Event Name Creating an elevator pitch
during interview introduction

Date 6/10/2022

Attendance sheet of Participants

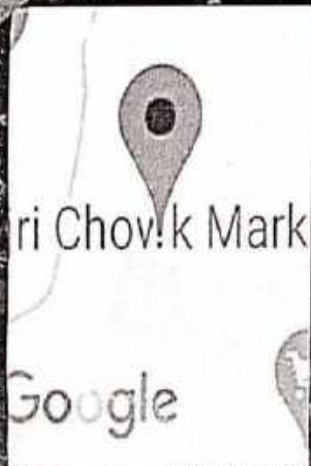
S. No.	Name	Class	Roll No.	Sign.
1	Lalit Kumar	B.A III year	120107002274	<u>Lalit</u>
2	Pamankumar	B.A III year	120107002246	<u>Pamankumar</u>
3	Dinnyangli Rathor	B.A III year	120107002030	<u>Dinnyangli</u>
4	Renu Devi	B.A Iy.	120107002086	<u>Renu Devi</u>
5	Bhavana	B.A Engllit Hindi	122107001002	<u>Bhavana</u>
6	Jyoti	M.A Economics	221107151010	<u>Jyoti</u>
7	Aditya	B.A I st year	1221071002030	<u>Aditya</u>
8	Shivali Rana	M.A 2nd year	221107151002	<u>Shivali Rana</u>
9	Anubhaya	M.A 2nd year	221107151010	<u>Anubhaya</u>
10	ASHA RANI	M.A 2nd year	221107151004	<u>Asha Rani</u>
11	Ragini	M.A 2nd year	221107151007	<u>Ragini</u>
12	Shivani	M.A 2nd year	221107151008	<u>Shivani</u>
13	Uditkumar Sunka	B.com 3rd year	120107003126	<u>Udit</u>
14	Alam Kumar	M.A 2nd year	221107151011	<u>Alam</u>
15	Shivam Sharma	M.A 2nd year	221107151016	<u>Shivam</u>
16	Ramam	M.A 2nd year	221107151001	<u>Ramam</u>
17	Aayush Mishra	B.com 3rd year	120107003054	<u>Aayush Mishra</u>
18	Ravi	B.COM 3rd year	120107003117	<u>Ravi</u>
19	Abhishek	B.COM 3rd year	120107001559	<u>Abhishek</u>
20	Ishaan Gupta	B.COM 3rd year	120107003029	<u>Ishaan</u>
21	Sumit Kumar	B.com 3rd year	120107003035	<u>Sumit</u>
22	Pramod	B.com 3rd year	120107003093	<u>Pramod</u>
23	Riya Rawat	B.com 3rd year	120107003090	<u>Riya Rawat</u>
24	Nayan	B.A 1st year	1221071003022	<u>Nayan</u>

Harpreet
Harpreet Kaur Bangra
(Convenor of the event)

Principal
Govt. P.G. College,
Sec-1, Kamankula



GPS Map Camera



Panchkula, Haryana, India

**PV29+HP4, Government College Rd, Budanpur, Panchkula,
Haryana 134109, India**

Lat 30.701398°

Long 76.869178°

06/10/22 01:12 PM GMT +05:30

Principal (Convenor of the event)


Principal, Govt P.G. College, Sec-2, Panchkula


Office of the Principal
Govt. P.G college Sec-1, Panchkula

Report on 'Creating an elevator pitch during interview introduction'

An informative and interactive session was organized at Govt. P. G College, Sec-1, Panchkula on 6th October 2022 under the aegis of the Principal, Mrs. Babita Verma in collaboration with Startup Information Centre and the English language lab. to train the students in creating an elevator pitch while giving their self- introduction in the job interview. The speaker Mrs. Tanushree illustrated the tricks and techniques to introduce oneself during the interview by putting one's abilities and strengths across in the best possible manner in just a few seconds.

The session was attended by as many as 24 students from B.A., B.Com. and M.A. The students were engaged in the setting of elevator pitch exercise through role-play With the aid of a power point presentation. They were encouraged and motivated to make the optimum use of such learning opportunities for self-growth and thereby improve their employability skills.


Harpreet Kaur Baweja
(Convener of the event
Language Lab. In-charge)


Principal
Govt. P.G. College, Sec -1
Panchkula

English Language and Grammar Quiz

Report

An English Language and Grammar Quiz was organized for BA I Year Section B on 14.12.2022 in the Language Lab from 9:00 am to 10:00 a.m.

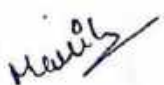
There were 5 rounds in the quiz


1. Word game
2. Spell check
3. Grammar
4. Transcription
5. Pronunciation

3 Teams participated and Team C scored the highest points bagging the first prize.

Purpose - To test the basic language and grammar knowledge of students and to accentuate their teamwork and leadership skills.

Incharge


Dr. Mallika Tiwari
Assistant Professor
Department of English


Principal

Government College Sec I
Panchkula

Attendance of the Quiz Contest

Sno.	Name	Roll no.	Sign
1	Ajay Sharma	2052	Ajay Sharma
2	Arun Kumar	2362	Arun
3)	Kushal	177	Kushal
4.	Vijender Singh	2464	Vijender Singh
⑤	Ashwani	2307	Ashwani
6	Shallu	382	Shallu
7	Ashishhek	387	Ashishhek
8	Ran Jeeet	137	Ran Jeeet
9	Ajay Shail	277	Ajay
10	Towib Mohd.	437	Towib
11	Sneha	132	Sneha
12	Nikhil	392	Nikhil
13	Riya	87	Riya
14.	Mehak	202	<u>Mehak</u>
15.	Renu Devi	2086	Renu Devi
<u>16.</u>	Sahil	107	<u>Sahil</u>
17.	Aarti	122	<u>Aarti</u>
18.	Dipanshu	92	<u>Dipanshu</u>

Maurit



Lat 30.701485, Long 76.869058

12/14/2022 09:45 AM GMT-05:30

Note: Captured by GPS Map Camera

Open mic auditions for poetical symposium to promote creative writing

Office of the Principal
Govt. P.G College Sec-1, Panchkula

Dated: 8th October 2022

URGENT NOTICE

'OPEN MIC EVENT' Auditions for Poetical Symposium in Zonal Youth Festival

All the students who have the flair to write and recite self-composed poems in Hindi, Punjabi or English must report for an 'open Mic event in the Language lab. on 10th & 11th October in the 5th & 6th period (12:30 to 1:30 pm) and recite their poems on any of the given topics or any other theme of their choice

- | | |
|---------------------------|---------------------|
| (i) War | (vi) Nature |
| (ii) Motherhood | (vii) Anger |
| (iii) Crime against women | (viii) corruption |
| (iv) Poverty | (ix) Drug addiction |
| (v) Decreasing morality | |

The best poems and recitations will be considered for representation the college in the zonal youth festival scheduled to be held on 19th, 20th & 21st October in Ambala. Besides this the best poems would also be considered for publishing in the college magazine.

Harpreet
Harpreet Kaur Baweja
(In-charge Poetical Symposium)
Language Lab. In-charge
(In-charge - Poetical Symposium
Zonal Youth Festival)

[Signature]
Principal
Govt. P. G. College Sec.-1
Panchkula
08/10/22

Attendance sheet of Participants

Hauprest
Hauprest Kaur Bameji

Principal
Govt. P.G. College, Sec. 2
Pamukkula



Harpal
(Activity in-charge)

Panchkula
(Govt P.G. College, Sec-1, Panchkula)

Report on 'Open Mike Auditions for Poetical Symposium'

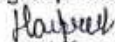
To spot the talent for creative writing in poetry in the college for selection purpose in the Zonal Youth Festival and to generate love and enthusiasm for reading and writing poems, an open mike event for reciting self composed poems in Hindi, Punjabi and English was organised for two days on 10th and 11th October in the 5th and 6th period in the Language Lab.


There were twelve students from BCA 1, 2, M.A. 2, B.Sc 1, B.A. 1 & 3, B.A. Eng. Hon.1 and B.P.Ed 1 who participated in the event and recited their self composed poems.

The four shortlisted students were further given the task to write a poem on 'war' and recite it the next day. Out of these, two students Deekshu of B.Ped. 1 and Deepanshi of BCA 2 were selected on the basis of quality in their poems and delivery to participate in the Zonal Youth Festival scheduled to be held on 19th, 20th and 21st October at Arya Girls College, Ambala Cantt.

A whatsapp group called 'Bazm-e- Sukhan' was formed by the activity-in-charge for all the participants in the auditions to share some great pieces of verse in Hindi, Urdu, Punjabi and English penned by both classic poets and the self composed verse of the participants on a daily basis to build a literary taste among the students and to give a platform to them to share their creative work.

The group received an extremely positive response.


Harpreet Kaur Baweja
Activity in charge


Principal
Govt.P.G.College,Sec-1, Panchkula

Creative Writing Competition

Notice

All the students are hereby informed that the Department of English is going to organize a Creative Writing competition. Interested students can submit their names and compositions to Dr. Mallika and Ms. Gurpreet Kaur by 20th March. Result of which will be announced on 24th March 2023.

Guidelines for submission -

1. Original and Unpublished compositions will only be entertained
2. It should be written on an A4 size paper (Typed/Written)
3. Name, Roll no., class, Contact No. Should be clearly mentioned on the top of the paper

Genres for the Creative Writing Competition are-

1. Short Story
2. Travelogue
3. Poem


HOD
Ms. Meenakshi Singh



Principal

List of Participants of Creative Writing Competition

Session 2022-2023

March 2023

Sno.	Name	Class	Roll no.	Genre
1.	Rhythm	BSC I (Medical)	24	Travelogue
2.	Gurpreet Kaur	BSC I (Med.)	26	Travelogue
3.	Shipra	BSC I (Medical)	22	Travelogue
4.	Jaspreet Kaur	BSC I	17	Travelogue
5.	Mehak Rana	BA I Psychology	12210736011	Travelogue
6.	Pooja	BSC I Medical	122107030009	Travelogue
7.	Nicky	BSC I	29	Travelogue
8.	Anjali	BSC I	1221071030011	Travelogue
9.	Mayank Bhatn	BSC I	43	Travelogue
10.	Kandhan Dixit	BSC I	1221071030016	Travelogue
11.	Sahil	BSC I	1221071030037	Travelogue
12.	Sahil Pandey	BSC I Medical	1221071030013	Travelogue

Maily 

13.	Kuldeep Kumar	BSC I	41	Travelog
14.	Nisha	BA III	120107002012	Travel
15.	Aaryan	BA I Geo. Hons.	3023	Travel
16.	Valdehi Kamboj	BA I App. Psychology	1221071196001	Poe
17.	Riya Rani	BA II English	1211071062016	Po
18.	Aaryan	BA I Geo. Hons.	1221071063023	Po
19.	Ashish	MA English II	21	Poe
20.	Hardika	MA II Psychology	221107153009	Poem
21.	Khushe Madam	BA III English Hons.	120107062011	Poem
22.	Umesh	BA Hons. Applied Psych.	1221071196026	Po
23.	Aaryan	BA I Geo. Hons.	3023	Short story
23.	Anmol Sharma	BA II Year	1211071002177	Short story
24.	Niharika Sharma	BA I Year	122107100209	Short story
25.	Jully	BA Applied Psych.	1221071196015	Short story Poem
26.	Bhawana Mudai	—	—	—
27.	Anirudh Sharma	MA II English	221107152024	Travelogue

Marked by

Report

An **English Creative Writing Competition** was organized by the Literary Society of the Department of English, wherein all the students of the college participated. Students were given 3 genres to express their creativity on - **Short Story, Poetry and Travelogue** and the last date of submission was 22nd March 2023.

Total **27 students** participated in the competition. This competition was one of the numerous enjoyable competitions that gave students a platform to learn how to express their ideas and views in different ways. This competition helped students improve their spellings, increase their vocabulary, learn concepts and develop use of correct English. As a result, students were able to write more effectively. Their efforts and initiative was appreciated by one and all.

The positions were announced on 24th March 2023 by the jury members Dr. Seema Rani, Dr. Archana and Ms. Veena Jangra.

I position was bagged by Ms Nisha of BA III who wrote a wonderful travelogue on her visit to Manali, II position went to Vaidehi of BA Hons Psychology for her poetic tribute to the brave soldiers of our country and III position was bagged by Mr. Sahil of BSC Medical for his astonishing travelogue on his visit to Vrindavan.

Convenor- Dr. Mallika



Co Convenor- Ms. Gurpreet Kaur



HOD



Principal


25/03/23

Poetic Recitation

Notice

All the students are hereby informed that the Department of English is going to organise 'Poetry Recitation' on 22nd March, 2023 at 10:45 am in R.No. 118.


The interested students can give their names to ~~Dr.~~ Archana and Ms. Rashmi in R.No. 114.

Guidelines for Recitation

- 1) The poem can be self composed or otherwise.
- 2) The time-limit for recitation will be 2-3 mins.

M Singh
HOD

Ms. Meenakshi Singh


21/03/23
Principal.

Poetry Recitation on 22 March, 2023 (Participants)

Name	Roll No.	Class	Phone No.
1 Vaidehi	1221071196001	B.A (Honours) Applied Psycho. 1st year	98143-15664
2 Jyoti	120107062012	B.A.III (Eng. Honours)	7087448115
3 Sahil	1221071002107	B.A. 1st year	7770871464 <i>Sahil</i>
4 Mehak	1221071002202	B.A. 1st year	7719702084 <i>Mehak</i>
5 Renu	1221071002086	B.A. 1st year	7009525260 <i>Renu</i>
6 Aakanksha	221107158030	M.A. II (Psy)	9479661121 <i>Aakanksha</i>
7 Handika	221107158009	M.A II (Psy)	8307185599 <i>Handika</i>
8 Bhawna	1221071002002	B.A. Eng (Hons) 1st yr	98173-714750 <i>Bhawna</i>
9 PRASHANT	1221071002003	B.A. II	7986227108 <i>Prashant</i>
10 Riya	1211071062016	B.A. II Eng Hons. 1st yr	8834503306 <i>Riya</i>
11 Keshish	1211071062003	B.A. II Eng Hons.	9988003965 <i>Keshish</i>
12 SHAKSHAM	1211071062006	B.A II Ind Eng Hons.	9313909883 <i>Shaksham</i>
13 Divyanshi Sinha	221052017	M.A. I (Eng)	9350302219 <i>Divyanshi</i>
14 Riya	15	M.A. (I) Eng	6284413705 <i>Riya</i>
15 Sukhwinder	21	MA (I) English	9350414798 <i>Sukhwinder</i>

Total - $\frac{15}{41}$ Participants
Audience
56

Kashish

REPORT

A Poetic Recitation Competition was organised by the Department of English on 3-03-2022. Students from various departments participated in it with great enthusiasm. A total 56 students attended the event out of which 15 participated in the recitation. The following students participated in the competition:

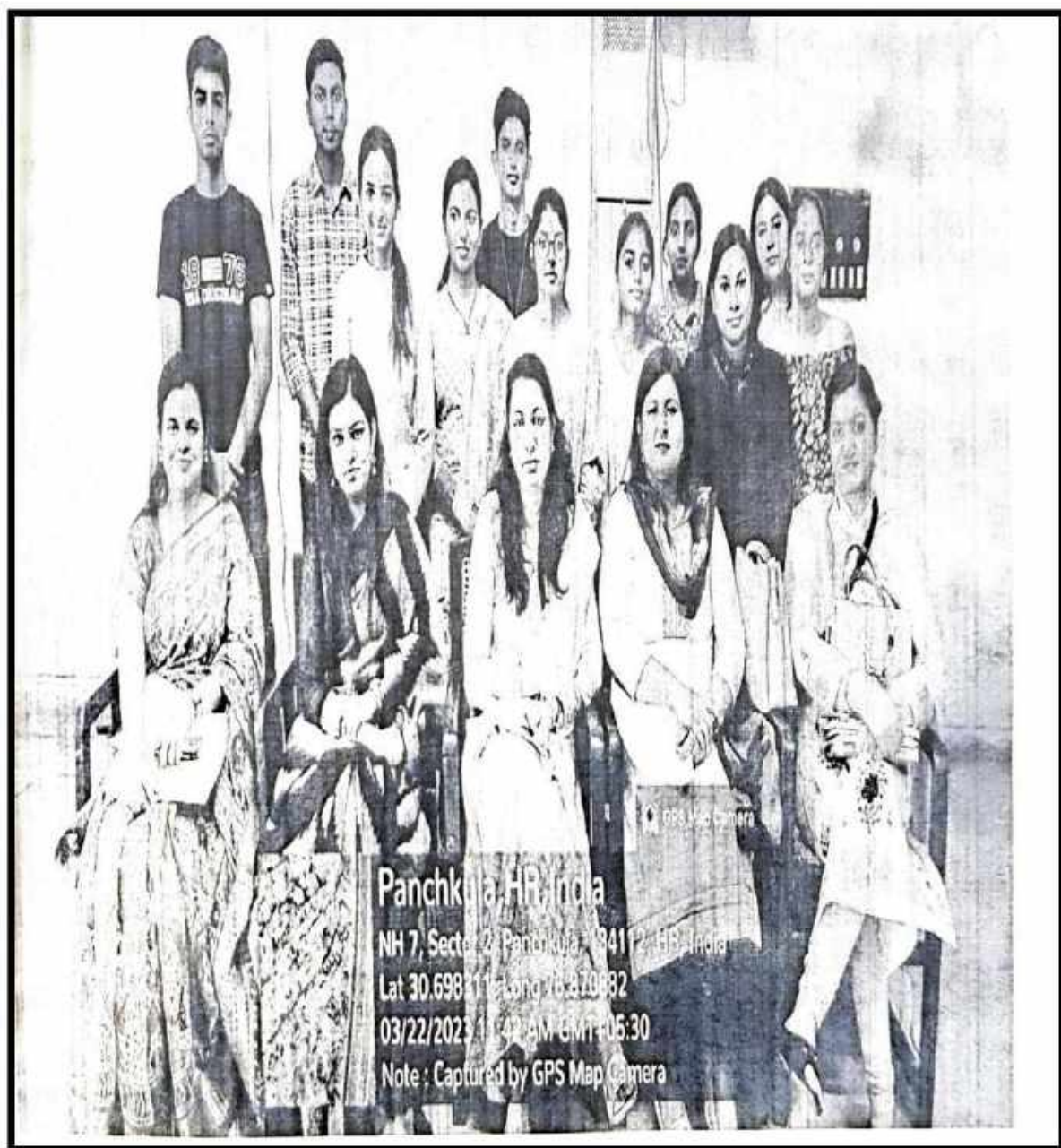
Sr.No.	Name	Class	Roll No.	Position
1.	Hardika	M.A. II Psychology	221107158009	I st
2.	Bhawna	B.A. I English(Hons)	1221071002002	II nd
3.	Akanksha	M.A. II Psychology	221107158030	III rd
4.	Shivani	M.A. I English	221052017	Consolation Priz

The competition was organised by Dr. Archana and Mrs. Rashmi under the able guidance of the Head of the Deptt Mrs. Meenakshi Singh. Dr. Malika Tiwari and Ms. Gurpreet Kaur performed the duty of judges.

1. Dr. Archana
2. Mrs. Rashmi

Mishra
HoD
English

Principal
Govt. P.G. College
Panchkula.



Panchkula, Haryana, India

NH 7, Sector 2, Panchkula, 134112, Haryana, India

Lat 30.69811, Long 76.27082

03/22/2023 11:42 AM GMT+05:30

Note: Captured by GPS Map Camera

Essay Writing Competition

Report

An Essay Writing Competition was organised under the aegis of English Literary Society on 30 September 2022. The competition was a success as twenty four students from all courses enthusiastically participated in it. The following students won the prizes:

Sr.no.	Name	Class	Position
1	Simran	B.Sc.	1st
2	Anmol	B.A 2.	2nd
3	Divyata	B A 1	2nd
4	Muskan	B A 2 (Hons.)	3rd
5	Bhavyadeep	B A 2	3rd

The competition was organised by Dr Archana and Ms Rashmi under the guidance of Ms Meenakshi Singh, HoD English.

Organisers

- 1 Dr. Archana (As)
- 2 Ms. Rashmi (Asst)


HoD
Ms. Meenakshi Singh


Principal



PV29+JQW, Sector 1, Panchkula, Haryana 134109, India

Panchkula

Haryana

India

2022-09-30(Fri) 11:44(am)



30°C

86°F

Screening of Panchlait short movie

Notice

A Cinematic adaptation of the short story Panchlait penned by Phanishwar Nath Renu (prescribed in BA II Sem syllabus) will be screened for the students of BA II Sem E on 22nd Feb 2023 in the Language Lab from 12:00 p.m. to 2 p.m.

The movie has won several accolades including Haryana Film Festival Best Director, Best Actor and Best Screenplay and also nominated as Best movie in the 49th International Film Festival of India.

The activity will help students build a better understanding of the story and of rural India which is portrayed cinematically beautiful in the movie.

Gurpreet Kaur
Activity Incharges
Ms. Gurpreet Kaur


Principal

Attendance of The Students attended Screening of
Panchajit on 22nd Feb 2023

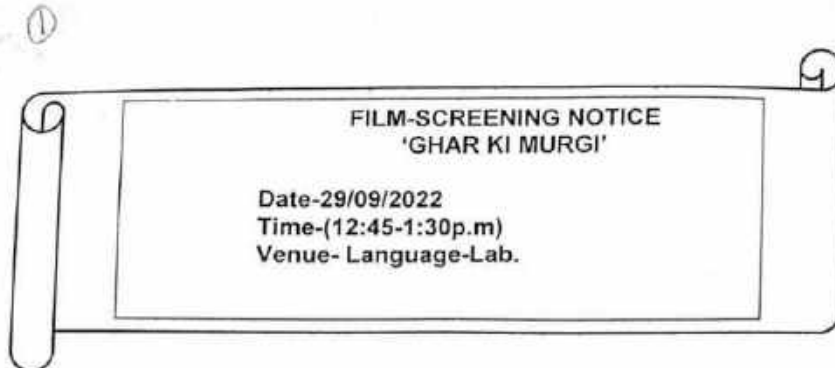
S.no.	Name	Roll no.	Section	Sign
1.	Jully	1221071196015	F	Jully
2.	Nidhi	1221071196028	F	Nidhi
3.	Palak	1221071002025	E	Palak
4.	Kavish	1221071002550	E	<u>Kavish</u>
5.	Krishma	1221071192140	E	Krishma
6.	Nandani	1221071002345	E	Nandani
7.	Krishna Kumari	1221071002280	E	Krishna
8.	Sakhiya	1221071002260	E	Sakhiya
9.	Abhinav	1221071002295	E	Abhinav
10.	Uttam Gupta	1221071002005	E	<u>Uttam</u>
11.	Ravi Kumar	1221071002080	E	<u>Ravi</u>
12.	Ravinder Kumar	1221071002020	E	<u>Ravinder Kumar</u>
13.	Suraj Phay	2225	E	<u>Suraj</u>
14.	Narender	2461	E	<u>Narender</u>
15.	Aaryan	1221071068228	F	<u>Aaryan</u>
16.	Rangcet	040	E	<u>Rangcet</u>
17.	Vansh	055	E	<u>Vansh</u>
18.	3112021	030	E	<u>3112021</u>

Sno.	Name	Rollno.	Section	Sign
18.	Rohit Kumar	1721671136005	F	Rohit Kumar
19.	Duogesh	6003	F	Duogesh
20.	Suman	6016	??	Suman
21.	Aarushi	6007	??	Aarushi
22.	Dev	6041	F	Dev Ranga
23.	Unesh	6026	F	Unesh
24.	Avinash	6013	F	Avinash
25.	Mohak	6011	F	Mohak
26.	Aman	6024	F	Aman
27.	Prashant	6022	F	Prashant
28.	Harvinder	6021	F	Harvinder
29.	Shivam Verma	2145	E	Shivam
30.	Megha Sood	035	E	Megha
31.	Priya	170	E	Priya
32.	Kirna	105	E	Kirna
33.	Swati	95	E	Swati
34.	Samruti	195	E	Samruti
35.	Himanshu	120	E	Himanshu
36.	Jeevan	447	E	Jeevan

Sno.	Name	Roll no.	Section	Sign
37.	Samrati	195	E	Samrati
38.	Sevati	095	E	Sevati
39.	Kuma	105	E	Kuma
40.	Megha	035	E	Megha
41.	Raiya	170	E	Raiya
42.	Shivam Verma	145	E	Shivam
43.	Aman	175	E	Aman
44.				
45.				



Film screening Ghar Ki Murgi

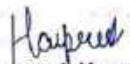



Date -29/09/2022

All the students are hereby informed that one Hindi short-film titled 'Ghar ki Murgi' on gender issue shall be screened in the Language-Lab. , Ground Floor, Commerce Block in the 6th period (12:45-1:30) on 30th September 2022 followed by an open for all discussion and a poem-recitation by the activity in-charge.

The interested students from various streams who are free in the 6th period i.e. from 12:45 to 1:30 p.m. must reach and be seated in the Language Lab. positively by 12:50 p.m on 30th September 2022 to watch the film 'Ghar ki Murgi'.

The seating capacity in the lab. is for 50 students. Entry to the Language lab. would be closed on reaching its full capacity after 12:50 p.m.


Harpreet Kaur
(In-charge language Lab)


Principal
(Govt.P.G.College,Sec.1Panchkula)

Event Name FILM- SCREENING OF
SHORT HINDI FILM 'GHAR KI MURGI'

Date 30/09/2022

Attendance sheet of Participants

S. No.	Name	Class	Roll No.	Sign.
1	Priyanka Kumari	B.A-3 rd year	120107002004	Priyanka
2	Arshi Sharma	B.A-3 rd year	120107002160	Arshi
3	Karal Kumar	B.A-3 rd year	120107002249	Karal Kumar
4	Rahul Sharma	B.A-3 rd year	120107002379	Rahul Sharma
5	Amam Kaulika	B.A-1 st year	010	Amam
6	Vanshika Garg	B.Com 1 st year	122107100343	Vanshika
7	Anshu	B.Com 1 st year	122107100361	Anshu
8	Khuski Sharma	B.Com 3 rd year	122107100300	Khuski Sharma
9	Simran Punia	B.Com 3 rd year	122107100357	Simran
10	Vishvajit Singh	B.Com 1 st year	122107100306	Vishvajit Singh
11	Deepak Sharma	B.Com 1 st year	122107100333	Deepak Sharma
12	Vishal Dogra	B.Com 1 st year	122107100308	Vishal
13	Diksha Sharma	B.Com 1 st year	122107100397	Diksha Sharma
14	Ravinder	B.Com 1 st year	122107100377	Ravinder
15	Tanu	B.Sc 2 nd year	122107100307	Tanu
16	Muskan	B.Sc 2 nd year	121107103007	Muskan
17	Arshi	B.A Hon 1 st year	122107100305	Arshi
18	Sadhq	B.A Hon (Eng) 1 st year	122107100302	Sadhq
19	Ravichandhan	B.Com 1 st	1221071003167	Ravichandhan
20	Vishal	B.Com 1 st	1221071003185	Vishal
21	Ankush	B.Com 1 st	1221071003186	Ankush
22	Kashish	B.A-II Eng	1211071062003	Kashish
23	Muskan	B.A-II Eng	1211071062013	Muskan
24	Pallavi	B.A-II Eng	1211071062015	Pallavi
25	Tanu	B.Sc 2 nd year	1211071030005	Tanu
26	Palak Gupta	B.Sc 2 nd year	1211071030038	Palak Gupta
27	Aaditya Bhardwaj	B.Sc. 2 nd Yr.	1211071030033	Aaditya Bhardwaj

4

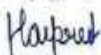
**Report on Film –screening of
Hindi Short Film 'Ghar Ki Murgi' in the English language
Lab.**


Date-30/09/2022

As many as 28 students from B.A, B.com, B.Sc.& B.A Eng. Hon. attended the film screening of the short Hindi movie 'Ghar ki murgi' on 30th sep. 2022 in the Language Lab. followed by a talk and poem-recitation by Ms. Harpreet Kaur Baweja, the activity in-charge.

The film deals with the issue of gender- discrimination and aims at sensitizing the students towards women rights in our society and to practice gender parity in life. The movie poignantly articulated the sufferings of Indian women in the traditional stereotype role of a housewife, caught in the net of tireless unpaid domestic labour and care giving work at home, and yet not getting recognition and respect for their services by the family members when the labour they put in goes a long way in not only keeping the family together as a unit but also earning economic advantage by doing multi-tasking which could cost a family a lot of money otherwise if help was to be hired from outside to perform all those unpaid jobs done by the woman at home single handedly.

Students were encouraged to contribute in the household chores to stop the exploitation of mothers at home in the name of duty, to treat women in their families with respect and gratitude and to break stereotyping of gender-based roles. The movie was received well and inculcated in students the spirit to protect and assert women rights and to treat women in a dignified manner.


Harpreet Kaur Baweja
(In charge language Lab)


Principal
(Govt.P.G.College,Sec.1, Panchkula)

Film screening Pencil Box

FILM-SCREENING NOTICE 'PENCIL -BOX'

KINDLY NOTE THE SCHEDULE

Film- Pencil Box

Date-03/10/2022

Time-(12:45-1:30p.m)

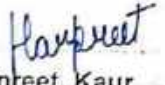
Venue- Language-Lab.

Dated -01/10/2022

All the students are hereby informed that one Hindi short-film titled 'Pencil-Box' on the right to education for transgenders, shall be screened in the Language-Lab. . Ground Floor, Commerce Block in the 6th period (12:45-1:30p.m.) on 3rd October 2022 followed by an open for all discussion and a poem-recitation by the activity in-charge.

The interested students from various streams who are free in the 6th period, must reach and be seated in the Language Lab. positively by 12:50 p.m on 3rd October 2022 to watch the Hindi short Film 'Pencil-Box'.

The seating capacity in the lab. is for 50 students. Entry to the Lab .would be closed on reaching its full capacity after 12:50 p.m.


Harpreet Kaur
(Incharge language Lab)


Principal
(Govt.P.G.College,Sec.1Panchkula)

Event Name FILM- SCREENING OF 'PENCIL-BOX'

Date 3/10/2021

Attendance sheet of Participants

S. No.	Name	Class	Roll No.	Sign.
1	Hanish Chand Pal	B.com 3 year	120107003151	Hanish Chatterjee
2	JATIN	B. Com 3 year	120107003115	Jatin
3	Vijay Kumar	B.com 3 year	130107003118	Vijay Kumar
4	Sudhir Morya	B.com 3 year	120107003010	Sudhir Morya
5	Pintu	B.com 3 year	120107003145	Pintu
6	Aasthi Sharma	BA 3rd year	120107002160	Aasthi
7	Priyanka	B.A 3rd year	130107002004	Priyanka
8	Sumedha	B.A 3rd year	120107196010	Sumedha
9	Aasthi	B.A Eng Hon Ist	1221071062005	Aasthi
10	Sadha	B.A Eng Hon Ist	1221071062012	Sadha
11	Janya Punj	B.A Eng Hon Ist	1221071062025	Janya Punj
12	Deepak Rana	B.A Eng Hon Ist	1221071062008	Deepak Rana
13	Ankit	B.A I year	1221071002220	Ankit
14	Jeewan	B.A Ist year	1221071062447	Jeewan
15	Rohan Baggia	B.A Ist year	1221071002015	Rohan
16	RATAN	B.Com IIIrd year	120107003103	Ratan
17	Virender Kumar	B.com III	120107003193	Virender
18	PAWAN MEHAR	B.COM-III	120107003064	Pawan
19	Pintu	B.Com - III	120107003037	Pintu
20	Rubina	B.Com-III	120107003085	Rubina

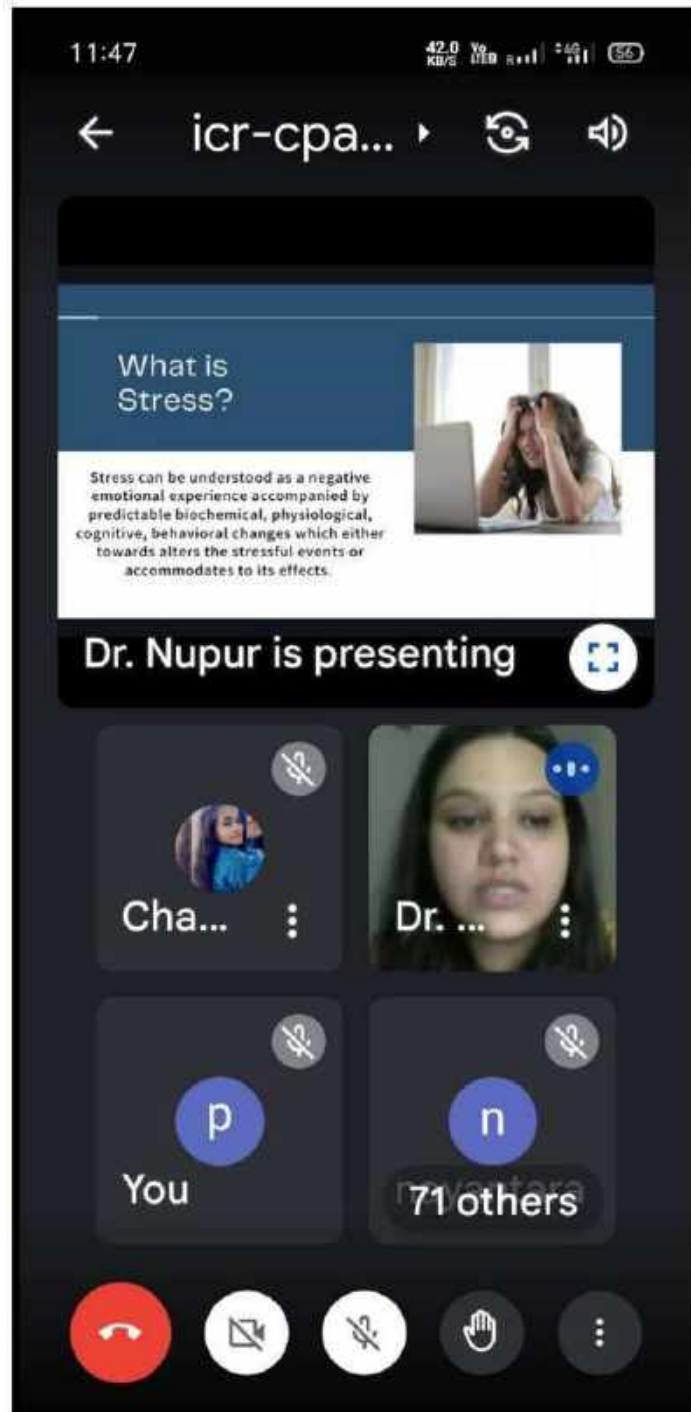
Harpal

Harpal Kaur Bameja
(Activity in-charge)

Principal
Govt P.G. College, Sec-1,
Panchkula

Proofs of Mental Health week

National webinar on Mental Health Overcoming the stigma of mental illness



Lecture on stress management inaguration of Wall of Hope



Slogan Poster Making Competition



Community Service Raising Awareness about Mental Health out side College premises



Validatory Session of Mental Health week



Radio broadcasting Interview with expert on Mental Health of youth paper presentation on mental health issues

<u>10.10.2022</u> <u>World Mental Health Awareness Week</u> on <u>World Mental Health Day (10.10.2022 - 15.10.2022)</u>	
Department of Psychology organized mental health awareness week from 10th Oct. 2022 to 15th October 2022. Various activities and lectures were organized in following ways:	
10.10.2022	<ul style="list-style-type: none">• National Webinar on "Mental health: Overcoming the stigma of mental illness" by Dr. Sandeep• Dr. Rakesh Kumar• Mrs. Shara Gupta
11.10.2022	lecture on stress management by Dr. Nupoor Inauguration of "Wall of Hope".
12.10.2022	Slogan / Poster making Competition
13.10.2022	Community service: Raising awareness about mental health outside college premises i.e. One stand parichhala Civil Hospital, Sector-6 via Sector-2, 4, 5, handstand, Sector-8, 9 & ended the rally Civil Hospital sector-6 P.K.L. Collaboration with Sociology Deptt.
14.10.2022	<ul style="list-style-type: none">• Radio broadcasting: Interview with expert on mental health of youth• Paper presentation on mental health issues by students of UG's PG's
15.10.2022	Award & Valedictory Function Nukkad Natak.



DEPARTMENT OF PSYCHOLOGY
GOVT. P.G. COLLEGE, SEC-I, PANCHKULA



organises MENTAL HEALTH AWARENESS WEEK (10th-15th October, 2022)
on the occasion of *World Mental Health Day*

Theme: Mental Health: A Global Priority

Registration link: <https://forms.gle/EM8cjKPoM22hoh3i9>

- 10/10/2022 • National Webinar on "Mental Health: Overcoming the stigma of mental illness" <https://meet.google.com/icr-cpan-iyx>
- 11/10/2022 • Lecture on stress management
• Inauguration of "Wall of Hope"
- 12/10/2022 • Slogan/Poster making competition
- 13/10/2022 • Community service: Raising awareness about mental health outside college premises
- 14/10/2022 • Radio broadcasting: Interview with expert on mental health of youth
• Paper presentation on mental health issues
- 15/10/2022 • Award and Valedictory function

Chief Patron

Ms. Itabita Verma
Principal

Patron

Dr. Sajjan Kumar
Dr. Anita Singh

Coordinators

Dr. Parvesh Kumar
Ms. Renu
Ms. Nayanata Chauhan

Organising Committee:

Dr. Rinki
Dr. Jyotsna Kaushik
Mr. Parmod
Dr. Sonita Chahal
Ms. Preeti Janghota

Career Counseling Session

15.3.2023

Career Counselling Session

Department of psychology organised Career Counselling Session with UG-PG Students. The faculty of psychology contributed in counselling to students for Career Counselling. The students were very active in interaction and have given choices of different careers according to their aptitude, Interest, ability, potential etc. Students of final year of UG-PG were very sincere about their Career Counselling. It was really a good initiative by department of Psychology and students got benefited by such type of events.

HOD

Principal
6/12/23

Debate Competition Changing Life Style & Stress

0.4.2023

Debate Competition changing life style & stress.

Department of psychology organised Career debate Competition on topic changing life style and stress. Students participated with enthusiasm and topics were explained by faculty and students. Life is actually affecting by changing life style and stress. Life style patterns affecting our daily life, which causes stress in our lives. We all should follow healthy life style so that we live a happy, healthy, satisfied life.

HPP

Principal
6/12/23

Workshop on Developing Skills for a Better Future

कौशल विकास पर कार्यशाला आयोजित

पंचकुला, 21 नवंबर (सुरेंद्र): राजकीय स्नातकोत्तर महाविद्यालय, सेक्टर-1 पंचकुला में आज महिला प्रकोष्ठ के सहयोग से मनोविज्ञान विभाग द्वारा भविष्य के लिए विकास कौशल विषय पर एकदिवसीय कार्यशाला का आयोजन किया गया। कार्यशाला में दिल्ली यूनिवर्सिटी में सहायक प्रो. डॉ. नूपुर ने बतौर मुख्य वक्ता शिक्षक की। उन्होंने विद्यार्थियों से भविष्य में रोजगार के लिए आवश्यक संसार कौशल पर बात की।

उन्होंने अपने वक्तव्य में कहा कि छात्र अपनी पढ़ाई के दौरान हार्ड स्किल्स पर ज्यादा ध्यान देते हैं, लेकिन छात्रों को सॉफ्ट स्किल्स पर भी ध्यान देना चाहिए। उन्होंने कहा कि भविष्य में लीडर की भूमिका निभाने के लिए प्रभावी संचार पर काम करना आवश्यक है। कार्यशाला के दौरान डॉ. नूपुर से विद्यार्थियों के



सेक्टर-1 कॉलेज में कौशल विकास पर आयोजित कार्यशाला में जानकारी देती हुई प्रोफेसर।

सवालों के जवाब देकर उनकी जिज्ञासा शांत की। महिला प्रकोष्ठ की सदस्य सहायक प्राध्यापक कुसुम रानी ने बताया कि महाविद्यालय का महिला प्रकोष्ठ समय-समय पर इस प्रकार के कौशलवर्धक गतिविधियों का आयोजन करता रहता है। जिनका लाभ उठाकर कई छात्रार्थ अपना रोजगार शुरू कर चुकी हैं। कॉलेज

की प्राचार्या बबिता चर्मा ने उपस्थित छात्राओं का मनोबल बढ़ाते हुए उन्हें इस प्रकार की गतिविधियों में भाग लेने के लिए प्रोत्साहित किया। कार्यशाला के आयोजन में महिला प्रकोष्ठ की ओर से डॉ. वंदिता शर्मा, डॉ. ज्योत्सना, डॉ. रीनु, डॉ. नयनाारा, डॉ. अनिता और सैलजा की सक्रिय भागीदारी रही।



PV29+JQW, Sector 1, Panchkula, Haryana 134 109, India

Panchkula

Haryana

India

2022-11-21(Mon) 01:24(pm)



25°C

77°F

Science Exhibition



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Ms. Ekta Gupta
Director & Founder
Parijai Genus Pvt. Ltd.
Mool Srishtee
Panchkula

Date:- 17/11/22

Dear Madam

You are cordially invited to provide your knowledge and experience on the topic and deliver a lecture to our students on **Women in Entrepreneurship** on 18.11.2022 from 10:00 AM onwards in the college.

Principal
Govt P.G. College,
Panchkula
Haryana

Event - Lecture on Women in Entrepreneurship
 Date - 'Women Entrepreneur Day' on 18.11.2022
 Resource Person - Ms Shikha Gupta, Founder and CEO

Date:

Venue:

Sr. No.	Student Name	Contact no.
1	Alisha	7027836547
2	Aakanksha	977 9661121
3	Munni	96717 54974
4	Neha	91387-10007
5	Angali	89500 63426
6	Kulveet Kaur	7056189336
7	Neha	7082179918
8	Amjali	98110202891
9	Nidhi Singh	8756078277
10	Pratisha	8307606235
11	Pragati Hota	9991191127
12	Sonu	946672727
13	Sarita	7719696584
14	Ruchi	6284288180
15	Savitri	9350785082
16	NANCY	9817909758
17	Deeksha	8168925997
18	Sachet	7986191287
19	Renu	8485609149
20	Shakuntla	9501785476
21	Komal	9034000360
22	Shahel	8725975068
23	Ganvargita	885015301
24	Vaishali	7015211083
25	Shamam	7807777163
26	Hemachar	8556818270
27	Nidhi	8288888247
28	Jolly	7889259051
29	Sanyaha	8685801184
30	Vasuni	9411985224
31	Ausgha	9502884473
32	Rahul	8307980081
33	Unesha	6239643560
34	Abhinash	9465528580
35	Parshant	7986824771
36	Pooja Kataria	7056336683
37	Pooja Singh	78174 71292
38	Shweta	7445011320
39	ASHU	79888558409
40	Aswani	8275877995
41	Shraddha	9817129045
42	Shraddha	8272720072

Feedback / Interest Area

Sign

Alisha

Aakanksha

Munni

Neha

Angali

Kulveet Kaur

Neha

Amjali

Nidhi Singh

Pratisha

Pragati Hota

Sonu

Sarita

Ruchi

Savitri

NANCY

Deeksha

Sachet

Renu

Shakuntla

Komal

Shahel

Ganvargita

Vaishali

Shamam

Hemachar

Nidhi

Jolly

Sanyaha

Vasuni

Ausgha

Rahul

Unesha

Abhinash

Parshant

Pooja Kataria

Pooja Singh

Shweta

ASHU

Aswani

Shraddha

Shraddha

43

V-sit

name	no.	sign
Suzyn Rana	8569839847	Suzyn Rana
Vishal Kaper	9416408841	Vishal Kaper
6 Rakhi Kumar	9988017888	Rakhi Kumar
7. Palak Gupta	7409443044	Palak Gupta
48) Tanu	7082026692	Tanu
49) Vidushi	9992715519	Vidushi
50) Shubham Singh	8295257642	Shubham
51) Tamanna	9653570115	Tamanna
52) Neha	8708891630	Neha
53) Raghu	8837755083	Raghu
54) Khushi	9588309239	Khushi
55) Jasmin	7876202441	Jasmin
56) Smriti	7814714155	Smriti
57) Anshul	8360664490	Anshul
58) Mehak	9878235707	Mehak
59) Sampada	9034879692	Sampada
60) Prachi	8607923349	Prachi
61) Neetu	7340924183	Neetu
62) Sejal	6283754797	Sejal
63) Anushi	8288818884	Anushi
64) Vaidehi	98143-15664	Vaidehi
65) Manu	6283754880	Manu
66) Nasreen	9449464180188	Nasreen

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No.	Student Name	Contact no
1	Bhika	7681918620
2	Archana	7728941523
3	Anjali	8284518595
4	Jayanka	7347585735
5	Akka	9815362298
6	Dnyata	9027679400
7	Vishal Kumar	9750770719
8	Madhuri	6280590030
9	Komal	7988951026
10	Deepika	8307990846
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Feedback / Interest Area

Sign

AK
Anjali
Jayanka
Akka
Dnyata
Vishal
Madhuri
Komal
Deepika

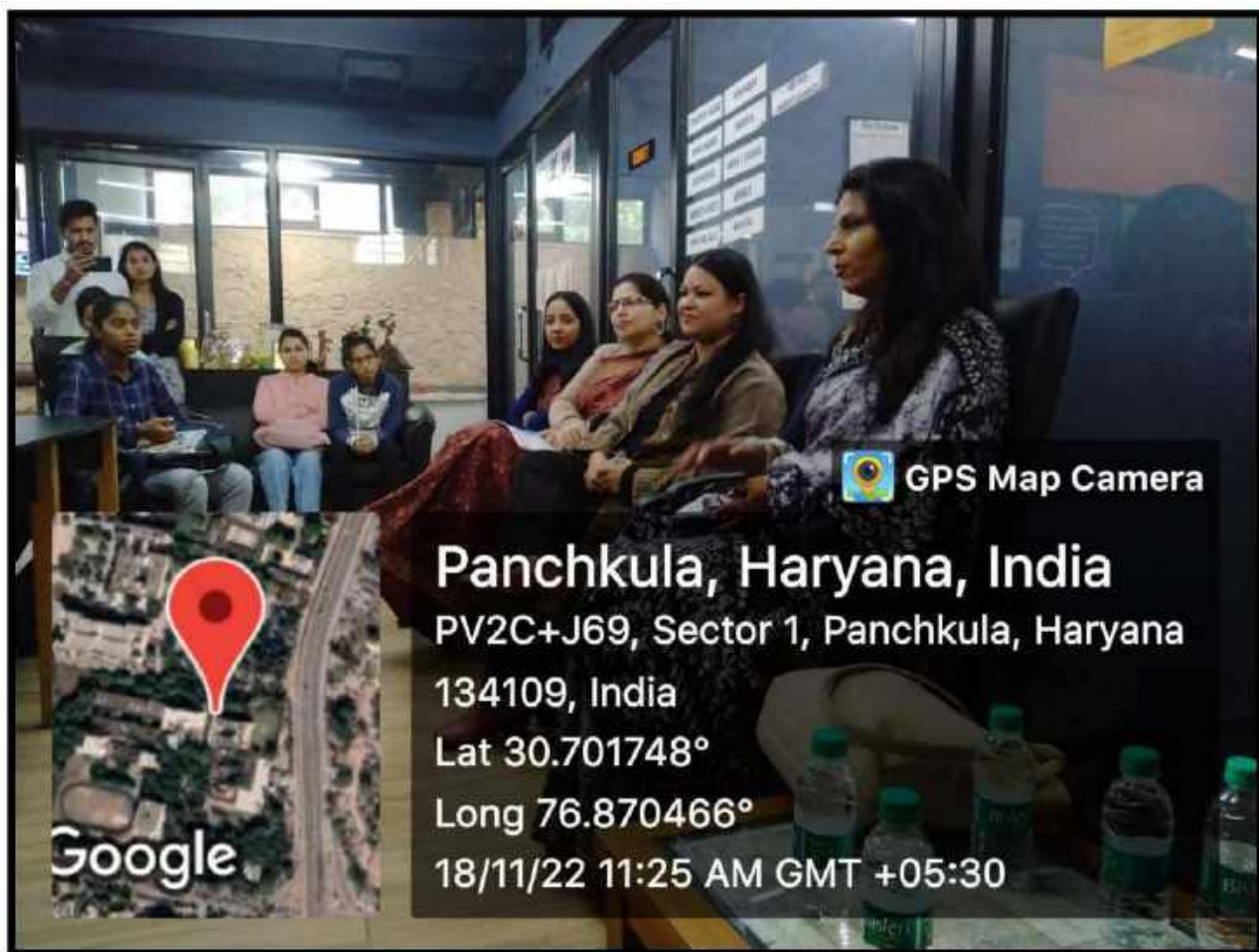
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V-Jub

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No.	Student Name	Contact no.	feedback / Interest Area
1	Khushboo	999 6828029	Skills, Psy., Socia.
2	Sumelha	7814714155	Social work
3	Drishiti	7015538301	Skills, Psy.
4	Manthan	8219066566	Skills, Psy
5	Nikita	8708910283	Skills / Psy
6	Dimple	9306765162	Skills / Psy
7	Gakshi	7021594383	Skill / Psy.
8	Ayushi	9646274214	Skills / Psy. / Socia
9	AKANKSHA	9779292548	Skill / Psy
10	Rajit Singh	7988871091	Psy / Skill
11	Akhilsh	7082249742	Psy / Social work
12	MOHIT	9138391150	Psy / clinical
13	Sanjeev	9813878777	Skill
14	Sunilkumar	7497885084	Social work
15	Jasbans	7404900865	Skills / Psy.
16	Preeti	9350324534	Social work
17	Pooja Kaur	8146228570	Social work
18	Rijokana	6284282822	Social work
19	Ashika	7404828246	Social work
20	Adulcan	9478229684	Social work
21	Preeti	9350324534	Skill / Psy
22	Neha	9138710009	Skills Psy.
23	Munni	96717-54774	Social work / Psy
24	POOJA	9815943393	Skill, Psy
25	Sonu	9466672727	Skill, Psy
26	Nancy	9817909758	stand-up (app based) Psy
27	Amul		Skill, Psy
28			
29			
30			
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32			
33			



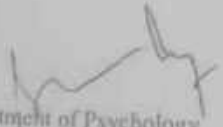
Soil Testing




Wall of Hope



NOTICE

The Department of Psychology is organising 'Mental Health Week- The Global Priority' from 10th October 2022 to 15th October, 2022. The aim of the event is to raise awareness about mental health and to remove the stigma associated with seeking help to maintain mental health. To highlight the significance of mental health in our lives, Department of Psychology is putting up a "WALL OF HOPE" (located in front of Room. No. 124, Science Block- First Floor). We invite students and faculty to share their experiences, stories and endeavours to maintain their mental health by writing about the same on our "WALL OF HOPE" on 11th October, 2022^{at 10:30 am}. Your experiences of preserving your mental health may be a guiding light for others in need.



Department of Psychology


Principal

Aahar hi Aushad



प्राकृतिक चिकित्सा दिवस
को उपलक्ष्य में
आयुष विभाग, हरियाणा सरकार
द्वारा
“आहार ही औषध”
विषय पर सेमिनार का आयोजन
दिनांक: 18 नवम्बर 2022 (शुक्रवार)
समय: प्रातः 11.00 बजे
स्थान: राजकीय महाविद्यालय, सैक्टर 1, पंचकूला, हरियाणा
में किया जा रहा है।
इसमें आप सभी सादर आमंत्रित है



“स्वस्थ संतुलित हो आहार, ऊर्जा दे शरीर को अपार”

संयोजक: डॉ. राष्ट्रीय आयुष विभाग आयोजक: आयुष विभाग पंचकूला हरियाणा

Program of Naturopathy on 18-11-2022
Theme - “आहार ही औषध”
① Lecture By → Dr M.P. Dogra.
NDDV MSc Yoga & Naturopathy
DNHE.

② Lecture by = Dr Raj Tyagi
Post graduate Diploma in Gandhian Study
Doctor in Naturopathy & Yoga (NDDV)

Nutrition Awareness

2

GOVT. P. G. COLLEGE, SECTOR – 1 PANCHKULA

HOME SCIENCE


ACTIVITY REPORT (2022-23)

(2)

NAME OF THE ACTIVITY: TWO DAYS NUTRITION AWARENESS PROGRAMME
ORGANISING UNIT: HOME SCIENCE
COLLABORATING AGENCY: WOMEN CELL
DATE : 29.09.22-30.09.22
COORDINATOR: MS. VANDITA SHARMA
NO. OF PARTICIPATING STUDENTS: 59

RESOURCE PERSON – Dr. Vibha Bawa, Ojas Fitness Clinic, Pir Muchhalla, ZirakPur(Punjab)

Department of Home Science in collaboration with Women Studies and Development Cell , Govt. P. G. College, Sector – 1 Panchkula , Haryana, under the guidance of Principal, Mrs. Babita Verma, organized two days Nutrition Awareness Programme as a part of Nutrition Month Celebrations. Resource person Dr Vibha Bawa in her lectures told the students about the importance of food and various nutrients for adolescent and Young female adults. She also discussed the nutritional problems, food fads and their implications on Health.


(Vandita Sharma)

Head of the Department


Principal

OFFICE OF THE PRINCIPAL, GOVT. P.G. COLLEGE, PANCHKULA

To

Dr. Vibha Bawa
Ojas Fitness Clinic
Pir Muchhalla
Zirakpur (Punjab)

dfc

✓

Memo no. 4098/22-B.

date - 28.09.2022

Subject – Invitation for Nutrition Awareness Program

Dear Madam

The department of Home Science in collaboration of Woman Studies and Development Cell of our College is organising two days Nutrition Awareness Program as a part of Nutrition Month Celebrations. You are cordially invited to provide your knowledge and experience on the topic and deliver lectures to our students on 29.09.2022 and 30.09.2022 from 10.00 am onwards in the college.

Looking forward to your positive response.

Principal
Govt. P. G. College,
Panchkula

18/9

Workshop on Food Preservation

To

The Principal
Govt. P.G. College
Sector-1
Panchkula

Sub - Permission regarding Workshop

Respected Madam,

kindly accord the required permission
to organise two-days workshop on 'Food Preservation'
as a part of Skill Development for girl students
of the college under Women Studies and Development.
Cell as per the following schedule:

Name of the Resource person - Mrs Kanta Agarwal, Panchkula

Date - 18.11.2022 - 19.11.2022

Name of the Event - 'Food Preservation - Chutney, Jam, Achar
Shabbat'

Time - 9.00 am onwards in two sessions

Venue - Home Sc. Lab

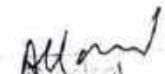
The workshop will be organised in collaboration with
department of Home Science.

Thanking You

Yours sincerely

V—dits
15/11/2022

(Vandita Sharma), Convenor WSDC.

— 
Principal
Govt. P.G. College,
Sector-1, Panchkula

012

OFFICE OF THE PRINCIPAL, GOVT. P.G. COLLEGE, PANCHKULA

To

Mrs. Kanta Aggarwal
House No- 445
Sector-16

Panchkula

Memo No- 4597/22 Date- 17/11/22

Subject- Invitation for Workshop on 'Food Preservation' ✓

Dear Madam,

The department of Home Science in collaboration of Women Studies and Development Cell of our college is organising two days Workshop on 'Food Preservation' as a part of skill development for girl students. You are cordially invited to provide your knowledge and experience to make our students learn Chutney, aachar, Jam, Sherbat etc as per the following

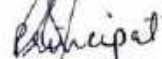
Schedule -

Date - 18.11.2022 - 19.11.2022

Time - 9.00 am onwards

Venue - Home Sc. Lab, Dept. of Home Sc., Govt. P.G. College,
Sector-1, Panchkula.

Looking forward to your positive response.


Principal

Govt. P.G. College
Panchkula

GOVT. P.G.COLLEGE, PANCHKULA

Women Studies and Development Cell

2022-23

Event - Workshop on 'Food Preservation'
Date - 18.11.2022 & 19.11.2022 ✓
Time - 10.00 am onwards in two sessions
Venue - Dept. of Home Science

Resource Person - Name Mrs. Kanta Aggarwal
Address House No-445 ✓
Sector-16
Panchkula

No. of Days - 02

Session per day - 02

Total Sessions - 04

Remuneration per Session - Rs 500/-

Total Remuneration - $500 \times 04 = \text{Rs } 2000/-$ (In Figure) ✓

Rs. Two thousand only (In Words)

Convener ☒ 1. I certify that the purchase is at the Lowest Market Rate.
2. Entered in the Stock Register
3. Verified and Recommended/Attested for Rs. out of _____ Grant/Fund
X Payment Made by me
W. Cell Register
Pg. No - 124
Rs 2000/-

Principal

Bank Details -

Name Of Account Holder - Kanta Rani Aggarwal
Name Of Bank - HDFC Bank
Branch - Sector-4, Panchkula
Account Number - 50100079160845
IFSC Code - HDFC 0004031

Passed for Rs. 2000/- out of
women Cell Grant
D/Clerk ☒ Principal

Kanta Rani
Signature of Receiver

4

GOVT. P. G. COLLEGE, SECTOR – 1 PANCHKULA
, HOME SCIENCE
ACTIVITY REPORT (2022-23)

(4)

NAME OF THE ACTIVITY : TWO DAYS WORKSHOP ON FOOD
PRESERVATION
ORGANISING UNIT : HOME SC.
COLLABORATING AGENCY : WOMEN CELL.
DATE : 18.11.22-19.11.22
COORDINATOR MS. VANDITA SHARMA
NO. OF PARTICIPATING STUDENTS 18

Resource Person – Mrs. Kanta Aggarwal, 445, Sector 16 Panchkula

Department of Home Science in collaboration with Women Studies and Development Cell ,
Govt. P. G. College, Sector – 1 Panchkula , Haryana, under the guidance of Principal, Mrs. Babita
Verma, organized two days workshop on Food Preservation. Mrs. Kanta Aggarwal taught
Achaar, Murabba , Chutney Squash to students.


(Vandita Sharma)
Head of the Department


Principal

Workshop on Tying and Dying

OFFICE OF THE PRINCIPAL, Govt. P.G COLLEGE, SECTOR-1, PANCHKULA

To

Mrs. Ritu Sandhu
House no 876
Sector 26
Panchkula

Memo- 4937/22
Dated - 17/12/22

ASubject: - Invitation for workshop.

Madam,

You are cordially invited to be our resource person for 6 days workshop on 'Dying and Printing' organized by department of Home Science in collaboration of Women Studies and Development Cell as per the following schedule.

Date :- 19.12.2022 to 24.12.2022

Time :- 10.00 AM onwards in two sessions on each day

Venue :- Department of Home Science

Day 1 - Tie and dye techniques

Day 2 - Dying techniques

Day 3 - Block Printing

Day 4 - Block Printing

Day 5 - Screen Printing

Day 6 - Screen Printing

Looking for your positive response.



Principal
P.G. Govt. College,
Sector - 1, Panchkula



To

The Principal
Govt. P. G. College, Panchkula

Subject: - Permission for workshop on 'Dying and Printing'

Respected Madam,

Kindly accord the required permission to organize 6-days workshop on 'Dying and Printing' in collaboration of Women Studies and Development Cell as per the following schedule.

Date :- 19.12.2022 to 24.12.2022

Time :- 10.00 AM onwards in two sessions on each day

Venue :- Department of Home Science

Day 1 – Tie and dye techniques

Day 2 – Dying techniques

Day 3 – Block Printing

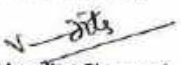
Day 4 – Block Printing

Day 5 – Screen Printing

Day 6 – Screen Printing

Thanking you

Yours sincerely


(Vandita Sharma)
Dept. of Home Sc.





Workshop on Resin Art

GOVT. P. G. COLLEGE, SECTOR – 1 PANCHKULA

HOME SCIENCE

ACTIVITY REPORT (2022-23)

(6)

NAME OF THE ACTIVITY : WORKSHOP ON RESIN ART

ORGANISING UNIT : HOME SCIENCE.

COLLABORATING AGENCY : WOMEN CELL


DATE : 14.02.2023-16.02.2023

COORDINATOR : Ms Vandita Sharma

NO. OF PARTICIPATING STUDENTS 36

Resource Person – Renu Patial, Freelance Art and Craft Artist, Prop. Pankh, H.No. 60, Sector 17 Panchkula

Department of Home Science in collaboration with Women Cell , Govt. P. G. College, Sector – 1 Panchkula , Haryana, under the guidance of Principal, Mrs. Babita Verma, organized 3 days workshop on Resin Art. She gave training regarding various techniques to make table, Tray, coasters Key rings using resin to the students.


(Vandita Sharma)
Head of the Department


Principal

GOVT. P. G. COLLEGE SECTOR 1 PANCHKULA

WORKSHOP ON RESIN ART

JOIN NOW

WOMEN CELL IN
COLLABORATION WITH
DEPT. OF HOME SCIENCE

BY
MS. RENU PATIAL
FREELANCE ART AND CRAFT TRAINER

DATE: 14.02.23 TO 16.02.23
TIME: 10AM ONWARDS
VENUE: DEPT. OF HOME
SCIENCE

LEARN ATTRACTIVE
• TABLE
• COASTERS
• KEY RINGS
• SERVING TRAY

CONTACT
MS. VANDITA SHARMA
CONVENOR WOMEN CELL
DEPT. OF HOME SCIENCE

4/15

Approved
14/02/2023

To

The Principal
Govt. P. G. College
Sector - I
Panchkula

Subject - Permission to organize three day workshop on Resin Art

Respected Sir

Kindly accord the required permission to organize three day workshop on RESIN ART by Mrs. Renu Patil, Prop. Pankh, Panchkula as her rates to conduct the said workshop has found to be the lowest.

Schedule of the workshop:

Date - 14.02.2023 - 16.02.2023

Time - 10.00 am onwards in two sessions per day

Venue - Dept. of Home Science

Thanking you

Yours sincerely

V-235
09/02/2023

(Vandita Sharma)

Incharge

Women Cell

Office of the Principal Govt. PG College Sec-1, Panchkula

To

Mrs. Renu Patial

Prin. Panchk

Govt. Sector 17

Panchkula

Memo no. 6193/23

Date - 09-02-2023

Subject: Invitation on workshop on Resin Art

Madam,

It will be a great pleasure to invite you as the resource person for three days workshop on Resin Art from 14-06-2023 to 16-06-2023. The said workshop is being organized by Women cell of our college and your approval will boost up our commitment towards betterment of the girl students of our college.

Schedule of the workshop:

Date - 14.02.2023 - 16.02.2023

Time - 10.00 am onwards in two sessions per day

Venue - Dept. of Home Science


Principal

Workshop on Art & Craft


HOME SCIENCE ACTIVITY REPORT (2022-23)

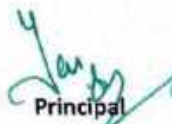
7

NAME OF THE ACTIVITY : SIX DAYS WORKSHOP ON ART AND CRAFT
ORGANISING UNIT : HOME SCIENCE.
COLLABORATING AGENCY : WOMEN CELL
DATE : 15.02.23-22.02.23
COORDINATOR MS. VANDITA SHARMA
CONVENOR MS VANDITA SHARMA
NO. OF PARTICIPATING STUDENTS 30

Resource Person – Ms Santosh Verma, trainer, Fevicril, Panchkula

Department of Home Science in collaboration with Women Cell , Govt. P. G. College, Sector – 1 Panchkula , Haryana, under the guidance of Principal, Mrs. Babita Verma, organized 6 days workshop on Art and Craft. She gave training regarding mixed media technique using waste material. Students made beautiful articles using the techniques.


(Vandita Sharma)
Head of the Department


Principal



GOVT. P. G. COLLEGE SECTOR 1 PANCHKULA

WORKSHOP ON ART AND CRAFT

JOIN NOW

WOMEN CELL IN
COLLABORATION WITH
DEPT. OF HOME SCIENCE

BY
MS. SANTOSH VERMA
FREELANCE ART AND CRAFT TRAINER

DATE: 15.02.23 TO 22.02.23
TIME: 10AM ONWARDS
VENUE: DEPT. OF HOME
SCIENCE

LEARN ATTRACTIVE
• LIPPON ART
• MURAL ART
• DECO PAGE

CONTACT
MS. VANDITA SHARMA
CONVENOR WOMEN CELL
DEPT. OF HOME SCIENCE

Approved
14/02/23

To

The Principal
Govt. P. G. College
Sector -1
Panchkula

Subject – Permission to organize ^{Six} ~~three~~ day workshop on Art and Craft

Respected Sir

Kindly accord the required permission to organize Six days workshop on Art and Craft by
Mrs. Santosh, Trained Resource Person Pedillite, Panchkula

Schedule of the workshop:

Date – 15.02.2023 – 17.02.2023; 20.02.23-22.02.2023

Time – 10.00 am onwards in two sessions per day

Venue – Dept. of Home Science

Thanking you

Yours sincerely

V. Shirs
14/02/2023
(Vandita Sharma)

Incharge
Women Cell

Workshop on Cutting & Tailoring

HOME SCIENCE
ACTIVITY REPORT (2022-23)

8

(8)

NAME OF THE ACTIVITY : SIX DAYS WORKSHOP ON CUTTING AND TAILORING

ORGANISING UNIT : HOME SCIENCE.

COLLABORATING AGENCY : HOME SCIENCE

DATE : 20.02.2022-25.02.2023

COORDINATOR : Ms Vandita Sharma

NO. OF PARTICIPATING STUDENTS 11

Resource Person – Ms Ritu Sandhu Malik, Freelancer Fashion Designer, H.No 876, Sector – 26 Panchkula

Department of Home Science in collaboration with Women Cell , Govt. P. G. College, Sector – 1 Panchkula , Haryana, under the guidance of Principal, Mrs. Babita Verma, organized 6 days workshop on Cutting and Tailoring. She taught drafting of child and adult bodice block along with various types of sleeves and neck lines. She also gave hand on training for stitching of child's frock and apron to students.



(Vandita Sharma)
Head of the Department


Principal

Allowed
[Signature]

8

To

The Principal
Govt. P. G. College,
Panchkula

Subject: - Permission for workshop on CUTTING AND TAILORING

Respected Sir,

Kindly accord the required permission to organize 6-days workshop on **CUTTING AND TAILORING** as per the following schedule.

Date :- 20.02.2023 to 25.02.2023

Time :- 10.00 PM onwards in two sessions on each day

Venue :- Department of Home Science

Thanking you

Yours sincerely

V. Sita
17/02/2023
(Vandita Sharma)

OFFICE OF THE PRINCIPAL, Govt. P.G COLLEGE, SECTOR-1, PANCHKULA

To

Mrs. Ritu Sandhu Malik
House no 876
Sector 26
Panchkula

date - 17-02-2023

Memo no. 6269/2023

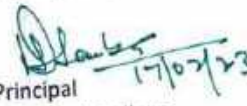
Subject: - Invitation for workshop.

Madam,

You are cordially invited to be our resource person for 6 days workshop on **CUTTING AND TAILORING** as per the following schedule.

Date :- 20.02.2023 to 25.02.2023
Time :- 10.00 PM onwards in two sessions on each day
Venue :- Department of Home Science

Looking for your positive response.


Principal
P.G. Govt. College,
Sector - 1, Panchkula



Celebration of Ayurveda Day

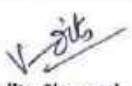
(1)


GOVT. P. G. COLLEGE, SECTOR – 1 PANCHKULA
HOME SCIENCE
ACTIVITY REPORT (2022-23)

1

NAME OF THE ACTIVITY: CELEBRATION OF AYURVEDA DAY, GOVT.
DISPENSARY, SECTOR 9, PANCHKULA
EVENT: 1. OPD FOR STUDENTS, TEACHING AND NON-TEACHING STAFF,
COMMUNITY MEMBERS
2. LECTURE BY DR. SANTWANA,
ORGANISING UNIT: HOME SC.
COLLABORATING AGENCY: AYUSH MANTRALAYA
DATE : 14.10.2022
COORDINATOR: MS. VANDITA SHARMA
NO. OF PARTICIPATING STUDENTS: 40

The Department of Home Science, Govt. P. G. College, Sector – 1 Panchkula, Haryana, under the guidance of Principal, Mrs. Babita Verma, organized one day free Ayurvedic Clinic and a lecture in collaboration with District Ayurvedic Office, Sector- 3 Panchkula under Ayush Department, Haryana to celebrate 7th Ayurvedic Day. A team of ayurvedic doctors visited the college and provided personalized dietary counseling according to body prakriti followed by a lecture by Dr. Santwana. The students, teaching non-teaching and their family members took benefit from the said event.


(Vandita Sharma)
Head of the Department


Principal
Govt. P.G. College
Sec-1
Panchkula



DISTRICT AYURVEDIC OFFICE PANCHKULA

Sector-3, Near Youth Hostel, Panchkula
Phone No 0172-2930360, 7015996562

E-Mail- daopkl.ayush-hry@nic.in

No. DAO/PKL/2022/ 34444-445

Dated:- 10/10/2022

From

District Ayurvedic Officer,
Panchkula

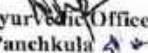
To

The Principal Govt. Post Graduate College,
Sector-1, Panchkula
The Principal Govt. Post Graduate College,
Sector-14, Panchkula

Subject: - Regarding lecture on occasion of 7th Ayurveda Day.

With reference to the subject cited above vide letter no. NAM/PKL/2022-23/33144-165 to 167 dated-28/9/2022 (Copy attached) received from worthy Director General, AYUSH Department, Haryana, Panchkula to commence the celebration of 7th Ayurveda Day on the occasion of Dhanteras on 23rd October 2022 on theme based "हर दिन हर घर आयुर्वेद" various promotional activities during the month of October are to be followed.

You are hereby requested to grant your approval to conduct lecture to promote and create awareness about Ayurveda at your premises by our esteemed doctors to be delivered to your staff members and college students and also provide suitable date & time for lecture to make this event successful. This is for your kind information and necessary action please.


District Ayurvedic Officer,
Panchkula

Distt. Ayurvedic Office
Sector-3, Panchkula

Workshop on SSB Procedure

To

The Principal
Govt. P. G. College, Sector-1
Panchkula

Sub – Workshop for NCC Cadets (Girls)

Respected Madam

Kindly accord the required permission to organise a three-day workshop for NCC Girl Cadets To acquaint them with the details of Service Selection Board procedure. The workshop will be conducted by Capt. Rajni Pathania Sareen (Retd.), Freelance HR Consultant and Trainer, Panchkula as per the following schedule:

Date – 06.12.2022 to 08.12.2022

Time – 10.00 am onwards in two sessions each day

Venue – Dept. of Computer Sc.

Coordinators – 1. Dr. Premlata, Dept. of Defence Studies

2. Mrs. Shailja Kumari, Dept. Of Computer Science

Premlata
Shailja 05/12/2022

The workshop tends to increase awareness of the girl cadets regarding the special Armed Forced Entry Scheme for NCC cadets and to give an insight to 5 days SSB procedure. The workshop will be organised in collaboration with the Department of Defence Studies.

Thanking you

Yours sincerely

V-shr

(Vandita Sharma)
Convenor
Women Cell

Alga

सफलता का कोई शॉर्टकट नहीं, सतत मेहनत से ही हो सकता है मुकाम हासिल : रजनी

सैक्टर-1 कालेज में एसएसबी प्रवेश परीक्षा कार्यशाला आयोजित

पंचकूला, 8 दिसंबर (सुरेंद्र): राजकीय पीजी कॉलेज, सैक्टर-1 में विमेन सेल के सौजन्य से राज्य चयन बोर्ड (एसएसबी) प्रवेश परीक्षा की तैयारी के लिए छात्रों के लिए प्राचार्या बबिता वर्मा के मार्गदर्शन में तीन दिवसीय कार्यशाला का आयोजन किया गया। कार्यशाला में फ्रीलांस एचआर और सॉफ्ट स्किल ट्रेनर कैप्टन रजनी पठनिया ने कॉलेज के विद्यार्थियों को परीक्षा उत्तीर्ण करने के लिए विशेष प्रशिक्षण दिया। यह कार्यशाला प्रतिदिन दो सत्रों में आयोजित की गई। प्रशिक्षण के दौरान एनसीसी कैडेटों को एसएसबी के लिए साक्षात्कार और व्यक्तित्व विकास के लिए तैयार किया गया। कैप्टन रजनी ने विद्यार्थियों से कहा कि अनुशासन का पालन करने से सफलता की पहली सीढ़ी तय की जा सकती है। उन्होंने विद्यार्थियों को सिखाया कि



राजकीय पीजी कालेज में कार्यशाला के दौरान प्राचार्या बबिता वर्मा व रजनी पठनिया विद्यार्थियों को जानकारी देते हुए।

निर्देशों को ध्यान से सुनें और उनका ईमानदारी से पालन किया जाना चाहिए। उन्होंने कहा कि सफलता का कोई शॉर्टकट नहीं है और सतत मेहनत से ही मुकाम हासिल हो सकता है।

प्राचार्या बबिता वर्मा ने विद्यार्थियों को संबोधित किया और सफल भविष्य के लिए आशीर्वाद दिया। उन्होंने कहा

कि सैक्टर-1 महाविद्यालय विद्यार्थियों को बेहतर कैरियर विकल्प के लिए मार्ग दर्शन करने और उसमें सफलता प्राप्त करवाने में सदैव वचनबद्ध है। कार्यशाला में डॉ. प्रेम यादव, प्रो. कुसुम, प्रो. ज्योत्सना कौशिक, प्रो. शैलजा कौशिक और प्रो. मीना भी उपस्थित थीं।

Workshop on Menstrual Health and Hygiene

To,

The Principal
Govt.college sector-1
Panchkula.

Subject: Permission to organize 3 days Workshop on 'Mensutral Health & Hygeine'.

Respected Madam,

Kindly accord the required permission to invite Ms. Renu Mehta from Art of Living faculty institute as the speaker to sensitize girls students of the college for importance of good mensutral health ,hygiene as per the following schedule:

Topic: Mensutral Health& Hygeine'.

Date: 12 Dec. to 14 Dec. 2022

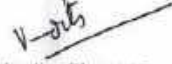
Time: 10:00 a.m onwards in two sessions

Venue: Department of Zoology(lab 204)

The workshop will be organized in collaboration with Dept. of Zoology.

We are looking forward to your positive response.

Thanking you.
Yours Sincerely


Vandita Sharma
Convenor, WSDC




**OFFICE OF THE PRINCIPAL, GOVT .P.G. COLLEGE, SECTOR-1,
PANCHKULA**

To
Ms. Renu Mehta
Teaching Department
Art of Living Faculty
Institute
Panchkula

Memo No:- 4800/22

Date:- 10/12/22


Subject- Invitation as a speaker for 3 days Workshop on 'Mensutral Health & Hygeine

Dear Madam

The Department of Zoology in collaboration with WSDC of our College is organizing 3 days workshop on Mensutral Health & Hygeine from 12 Dec. to 14 Dec, 2022.

You are cordially invited to provide your knowledge and experience on the topic and deliver a lecture to our students on 'Mensutral Health & Hygeine from 12 Dec to 14 Dec, 2022 from 10:00 a.m onwards in College.

Looking forward to your positive response.


Principal
Govt. P.G. College Sec-1
Panchkula
Sector-1, Panchkula

GOVT. P. G. COLLEGE, SECTOR - 1 PANCHKULA

HOME SCIENCE

ACTIVITY REPORT (2022-23)

S.NO	NAME OF THE ACTIVITY	ORGANISING UNIT	COLLABORATING AGENCY	DATE	NO. OF COORDINATING TEACHERS	NO. OF PARTICIPATING STUDENTS	REMARKS
1	CELEBRATION OF AYURVEDA DAY	HOME SC.	AYUSH MANTRALAYA	14.10.2022	01 COORDINATOR MS. VANDITA SHARMA	40	DOCTORS FROM GOVT. DISPENSARY SECTOR P.K.L.
2	TWO DAYS NUTRITION AWARENESS PROGRAMME BY DR. VIDHA BAWA	HOME SC.	WOMEN CELL	29.09.22-30.09.22	05 COORDINATOR MS. VANDITA SHARMA	59	DR. VIDHA BAWA
3	LECTURE ON WOMEN IN ENTREPRENEURSHIP BY MS. EKTA GUPTA	HOME SC.	WOMEN CELL/START UP INCUBATION CENTER	18.11.22	05 COORDINATOR MS. VANDITA SHARMA	103	BY MS. EKTA GUPTA
4	TWO DAYS WORKSHOP ON FOOD PRESERVATION BY	HOME SC.	WOMEN CELL	18.11.22-19.11.22	05 COORDINATOR MS. VANDITA SHARMA	18	MS. KANTA AGGARWAL
5	SIX DAYS WORKSHOP ON TYING AND DYING BY DR. RITU SANDHU MALIK	HOME SC.	WOMEN CELL	19.12.22-24.12.22	05 COORDINATOR MS. VANDITA SHARMA	55	BY DR. RITU SANDHU MALIK
6	WORKSHOP ON RESIN ART BY MS. RENU PATIAL	HOME SC.	WOMEN CELL	14.02.23-16.02.23	05 COORDINATOR MS. VANDITA SHARMA	36	MS. RENU PATIAL
7	SIX DAYS WORKSHOP ON ART AND CRAFT BY SANTOSH VERMA	HOME SC.	WOMEN CELL	15.02.23-17.02.23 20.02.23-22.02.23	05 COORDINATOR MS. VANDITA SHARMA	30	BY SANTOSH VERMA
8	SIX DAYS WORKSHOP ON CUTTING AND TAILORING	HOME SC.	-		01 COORDINATOR MS. VANDITA SHARMA	11	DR. RITU SANDHU MALIK

HEAD

DEPARTMENT OF HOME SC.

PRINCIPAL

Principal
Govt. PG College,
Sector-1, Panchkula

GOVT. P. G. COLLEGE, SECTOR – 1 PANCHKULA

WOMEN STUDIES AND DEVELOPMENT CELL

ACTIVITY REPORT (2022-23)

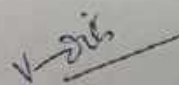
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4	WORKSHOP ON DEVELOPING SKILLS FOR BETTER FUTURE BY DR. NUPUR GOSAIN	WOMEN CELL	PSYCHOLOGY	21.11.22	06 COORDINATOR MS. JYOTSANA SHARMA	91	DR. NUPUR GOSAIN
5	EXTENSION LECTURE ON WOMEN IN MEDIA BY DR. SHIKHA RAI	WOMEN CELL	-	26.11.2022	08 COORDINATOR MS. KUSUM	33	DR. SHIKHA RAI
6	THREE DAY WORKSHOP ON SSB PROCEDURE BY CAP. RAJNI PATHANIA	WOMEN CELL	DEFENCE STUDIES/NCC(GIRLS)	06.12.22-08.12.22	07 COORDINATOR MS. SHAILJA/ DR. PREMLATA YADAV/MS. YAMINI	41	CAP. RAJNI PATHANIA
7	MENTRUAL HEALTH AND HYGIENE BY MS. RENU MEHTA	WOMEN CELL	ZOOLOGY	12.12.22-14.12.22	06 COORDINATOR MS. MEENU/MS. ANJELA	53	
8	SIX DAYS WORKSHOP ON TYING AND DYING BY DR. RITU SANDHU MALIK	WOMEN CELL	HOME SC	19.12.22-24.12.22	05 COORDINATOR MS. VANDITA SHARMA	55	BY DR. RITU SANDHU MALIK

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Principal
Govt. PG College,
Sector-1, Panchkula

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CONVENOR WSDC


PRINCIPAL